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metroVIEWS

MONDAY, AUGUST 8, 2016

High 29°C/Low 14°C Mainly sunny

Fireworks from Spain's Pirotecnica Caballer S.A. light up the sky over Parliament Hill last summer.

MARC ANDRÉ CÔTÉ/CASINO DU LAC
LEAMY SOUND AND LIGHT SHOW



SOUND OF LIGHT

Photographers weigh in on the perfect fireworks shot

metroNEWS

Calypso faces \$3.2M lawsuit

INJURY

Huge claim from Ottawa hairstylist with broken ankle



Joe Lofaro
Metro | Ottawa

Calypso Water Park says it will "defend itself vigorously" against the latest slip-and-fall lawsuit filed by an Ottawa hairstylist who claims he broke his ankle in a children's pool and is now suing for \$3.2 million — the largest claim in Ontario sought to date against the company.

Rony Jermani, owner of Rony Jermani Salon and Spa in Greenboro, alleges he fractured and dislocated his left ankle as he slipped on steps while exiting the wading pool on June 22, 2014.

In a brief phone interview, Jermani told Metro the injury made his business suffer and he is still in pain today.

"I'm not able to work as much as before," he said.

"I'm in pain sometimes when I stand on it not, even from the ankle only,

from the bottom of it, too. It hurts all the time. It's been tough on me."

A statement of claim filed on June 14, 2016 alleges, among other things, the water park failed to install non-slip surfaces and failed to "advise of the inherent danger of the underwater surfaces and steps of the children's wading pool."

None of the allegations in the statement of claim have been proven in court. Calypso filed a notice of intent to defend the lawsuit on July 26, 2016.

Jermani is seeking \$3 million in special damages for future loss of earning capacity and loss of competitive advantage, and \$200,000 for pain and suffering, loss of enjoyment of life, and loss of amenities.

"The lawsuit filed by Mr. Jermani claims grossly excessive damages," said Calypso in an email statement to Metro.

"Mr. Jermani's lawsuit is very similar to the one filed by Danielle Yelle in July 2010 which was dismissed by Judge Robert N. Beaudoin of the Ontario Superior Court in May 2015 with Judge Beaudoin ordering the plaintiff to pay Calypso costs."

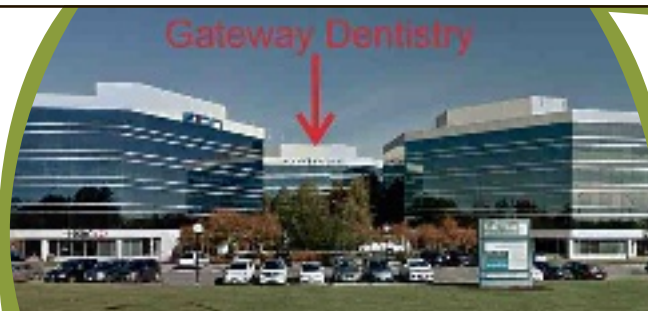
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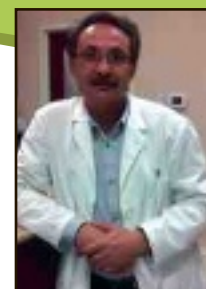
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IN BRIEF

'Armed and dangerous' suspects at large: Police

Suspects are on the loose and possibly "armed and dangerous" after a shooting on Merivale Road sent a man in his 20s to hospital Saturday evening.

Ottawa Police responded to Merivale and Withrow Avenue. A man in his twenties was sent to hospital with a non-life-threatening gunshot wound. Police say to stay alert for a green 2004 GMC Envoy, licence plate BZRT 673, stay away and call 911 if it's spotted.

Hog's Back swing bridge closed for repairs

Hog's Back swing bridge over the Rideau River on Hog's Back Road was closed to traffic Saturday for emergency repairs to its operational system, said National Capital Commission spokesperson Jasmine Leduc.

It was closed throughout the weekend and will stay that way until "at least Monday," Leduc said. Boat traffic can still get through the lock station, as can cyclists and pedestrians.

Bike lane popular route

Laurier Avenue's segregated bike lane has now seen two million trips since 2011, the city says. Bike lane traffic has been increasing since opening five years ago. On June 29, rush hour bike traffic equalled 80 per cent of the vehicle traffic on Laurier in the morning peak, the city said.

ALL EMMA JACKSON/METRO



"I'm doing things I haven't been able to do in over 20 years."

Larry Graham

Ottawa resident Larry Graham is competing in the Canadian Transplant Games in Toronto this week. EMMA JACKSON / METRO

Back in the game at 66

ACHIEVEMENT

Transplant recipient is an athlete now



Emma Jackson
Metro | Ottawa

When Larry Graham tells you he's headed to the Games this week, you could be forgiven for thinking he's going to Rio.

In fact, he's off to compete in something much more personal: the Canadian Transplant Games.

The event will bring more than 200 organ transplant recipients to Toronto for a week of athleticism and celebration.

"This is about showing people what we can do after a transplant," said Graham, who received a double lung transplant four years ago in Montreal.

Now 66, the Glebe resident said he's in the best shape of his life after a lifelong battle with severe asthma and, later, chronic obstructive pulmonary disease (COPD) related to pollution, second-hand smoke and his own smoking habit.

When he finally got his new

lungs 22 months after going on the waiting list, Graham had only 12 per cent lung capacity and about three months to live.

Fast forward four years and he's competing for medals in lawn bowling, 10-pin bowling, table tennis, a three-kilometre walk and ball throw.

"I'm doing things I haven't been able to do in over 20 years," Graham said.

He's got his limits, of course: the anti-rejection drugs and steroids make his bones brittle and are giving him cataracts in both eyes.

But he no longer deals with

massive asthma attacks — episodes that, when he was younger, could have lasted days. And while his allergies are worse in Ottawa than in his hometown of Hamilton, they no longer affect his breathing.

"I was like a hermit with the asthma," Graham said. "I couldn't go anywhere, couldn't do anything."

The opening ceremonies will be held Monday night in Nathan Phillips Square, with sporting events planned every day until Saturday.

To register to be an organ donor visit beadonor.ca

CONSTANCE BAY BEACH

Drowning leads to call for safety measures

A city warning sign where a 10-year-old drowned this weekend had been removed sometime before the accident, according to the local councillor.

West Carleton-March Coun. Eli El-Chantiry said the city had long ago posted a warning sign on a city-owned right of way near Constance Bay beach, warning swimmers of a steep drop-off into swift currents at a spot known as "the point."

But after a 10-year-old Toronto boy drowned there Saturday, El-Chantiry discovered the sign had been taken down.

He doesn't know when or why, but he's pushing to get it reinstalled.

"The locals know (the danger), but obviously a person not from there doesn't know," he said.

The boy and his older brother had wandered away from their family and were walking into the river in that area.

The boy slipped into deep, swift water and began to struggle. His older brother tried to help him, but had to be rescued himself. The younger boy went under, and search and rescue teams were called around 3:40 p.m. Saturday. Police divers recovered his body at 10:30 p.m.

Responsibility for the beach is controversial. It's not city-owned, but jurisdiction over the waterfront is unclear. That makes it hard to know who fund safety measures like lifeguards.

The Ottawa Police and the regional coroner are investigating the boy's death.

EMMA JACKSON/METRO

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Taking the perfect fireworks shot

PHOTOGRAPHY

Snapping the best images is very technical, say experts



Haley Ritchie
Metro | Ottawa

For a lot of tourists, Ottawa can be boiled down to one image: a ball of fireworks exploding over the Peace Tower.

Locals fireworks fans know better: They avoid the lawn on Canada Day and wait until August, when the capital starts to look and sound

like Disney World thanks to the Casino du Lac Leamy's Sound of Light show.

The international pyrotechnics competition features five shows over two weeks from Aug. 6 to the grand finale on Aug. 20 all on the banks of the Ottawa River by the Canadian Museum of History.

The city's abundance of pyrotechnics offers a chance to capture some of the most challenging and dazzling skies all year for Ottawa photographers.

"It's very popular for photographers, but to take good fireworks photos it's very technical," said Pierre Cuguen, spokesperson for the show.

"We receive many photos

on Instagram or social media and it's always impressive. It's nice when people try to find a new spot to take shots of the fireworks. They find amazing views and it's very interesting," he said.



Find something in the frame that gives some context. Instead of just shooting fireworks exploding in the air, zoom out a bit. Get the crowd, get the venue. David Johnson

The Sound of Light show also hires its own photographers to take promotional images, including Rick Arbuckle, who has been working the show for three years.

"With fireworks you 'Ooo

and aww' while you're there, but you come away with a whole impression of the show, not specific moments. Photography lets me take a moment of time and capture it."

Arbuckle usually shoots from the media tent in front of the Canadian Museum of History, but he'll also be moving around on different nights to take photos from across the river.

Photographer David Johnson has also had success capturing Ottawa's pyrotechnics. His tutorial for unique "long exposure fireworks" made the rounds on blogs and online photography circles after he discovered the technique shooting the Lac Leamy show in 2012.

"In this case I was stuck with a cheap little prime lens, so I decided to experiment with focus point. I decided to start out of focus and refocus as the firework explodes — I figured it might create something cool."

"As soon as I saw the photo in the camera I thought, 'This is something completely different.' It was a total surprise to me, and obviously the rest

of the Internet," he said.

Next week, Johnson will be taking his fireworks photos to the next level — shooting a wedding on the Ottawa River — with the Sound of Light show in the background. Amateurs are advised against that kind of a challenge, but Johnson has some tips for capturing special moments during the show:

"Anyone can Google a photo of fireworks photography, but you want to set the scene and the mood," he said. "Find something in the frame that gives some context. Instead of just shooting fireworks exploding in the air, zoom out a bit. Get the crowd, get the venue and show the area."

METRO Explains | Fireworks Photography

If you've tried to capture the action before and were disappointed with the results, you're not alone. Low light conditions combined with fast-moving, unpredictable objects make fireworks one of the toughest subjects to capture. Still, the dazzling colours and bright bursts are going to tempt you to capture the moment. **Here are great tips we collected from local pro photographers Rick Arbuckle, David Johnson and Kristin Ireland.**



Perfect weather is a still night with just a bit of wind to deal with the smoke.

Get a tripod. If you're serious about shooting anything after dark, it's a purchase you'll need to make. Fortunately there are options for all three different types of cameras, at varying price points.



"Be prepared as the end of the show approaches. They always try to dazzle you at the end of the night. They're much harder shots to get," said Arbuckle.



Consider location. Fireworks displays are often arranged to look best from the official viewing areas, so face them "straight on."



"For framing, try to get some of the scene in your shot so it's not just fireworks in the sky — that will help to tell the story," said Ireland.



IPHONE AND ANDROID

- Enable HDR on iPhone and turn off the flash.
- Hold your camera very steady, lean it on a still object, or even better: **get a small tripod.**
- Don't try to zoom in on your smartphone camera. It's digital zoom, so you're just blowing up the picture and making it blurrier and lower quality.
- If you're familiar with camera basics (aperture, shutter, ISO) try downloading a third-party photography app that allows you to control your phone camera for experimentation.



POINT AND SHOOT

- Many point and shoot cameras have a "fireworks" mode. This is the best plan if your camera doesn't allow manual control.
- Use the best quality settings you can.
- Try to hold the camera very still or get a tripod. Most are compatible with both DSLRs and standard point and shoots.



DSLR

- Go wide angle. You'll be able to capture the whole scene, including the crowd or buildings. Longer lenses will result in more abstract images.
- Shoot manual and experiment. There's no one shutter speed or aperture that will guarantee a great photo; find a good focus point, keep your ISO low and keep the camera steady.
- "Focus can be a bit tricky. You can try auto focus but you might have better luck if you switch to manual and choose a spot far in the distance and lock the focus there," said Ireland.

Library pedals books with bike

BIBLIOBIKE

Librarians cycle to events displaying selection



Lucy Scholey
Metro | Ottawa

While all library-related buzz has been around a new central branch, the Ottawa Public Library has been quietly pedalling a new mobile book service.

The “Bibliobike” is more or less what it sounds like — a book-filled wagon that attaches to the back of a bike.

It’s equipped with four pieces of plywood, an old bike trailer, straps and boxes of books.

Librarians can easily cycle around to festivals or other events, where they then unfold the plywood into an A-frame, with about 25 books on display. With a laptop, they can also sign people up with a new library card and check out books.



Ottawa Public Library employee Alison Smedley with her ‘Bibliobike’ at Glowfair on June 17. CONTRIBUTED

“I think it’s an eye-opener,” said Tony Westenbroek, manager of the main branch. “It can get to locations where some of our vehicles might not be

able to park.”

The Bibliobike is the brainchild of library employee Alison Smedley (who was unavailable for an interview, as she was in

Rio de Janeiro watching her paddling Olympian brother, Cameron.). She built it with help from the Ottawa Tool Library.

It’s making waves. One librarian from Ohio has already expressed interest in building a similar model back home. Smedley will also present the

“

I think it’s an eye-opener. It can get to locations where some of our vehicles might not be able to park.

Tony Westenbroek

bike at an Ontario Library Association conference in February.

Her colleague, Jessica Green, says it may be the first bike of its kind in the province.

The Bibliobike made its debut at Ravenswing Arts and Music Fair at Minto Park last May. Since then, it has been several other events, including Glowfair, Just for Cats and A Company of Fools’ rendition of Pericles, which is playing at various parks.

The small book selection is tailored to each event.

Library patrons have checked out 70 titles from the Bibliobike since its Ravenswing debut.

Bookworms can keep their eyes peeled for the Bibliobike at Capital Pride later this month.

PARALYMPICS

Duo ready to make their mark in first-ever triathlon

Don’t try and tell Paralympic triathletes Christine Robbins and Sasha Boulton they need to hold back.

The pair has smashed through barriers others coaches and competitors have set, said coach Michel Elibani.

“There’s a lot of stuff they’re doing that no one else is doing,” Elibani said. “They’re sort of at the forefront.”

Christine Robbins, 38, is legally blind, and was tapped by Triathlon Canada and Elibani at a camp four years ago to pursue elite training after the triathlon was announced as a new sport for the 2016 Paralympics in Rio.

Elibani figured it was worth a shot to see if Boulton, a 22-year-old University of Guelph student originally from Oakville, would consider guiding with Robbins.

He didn’t realize she’d been out with a back injury, and seemed to email her at just the right time.

The shorter sprint distances for the Paralympics — the 750 metre swim, 20-kilometre bike and five-kilometre run is half of the Olympic triathlon distances — was a good fit for Boulton.

After a back and forth with the Gatineau-based coach, she came up to Ottawa to give guiding a try alongside Robbins.

They clicked right away.



Sasha Boulton, left, a University of Guelph student living in Old Ottawa South for the summer, and her partner Christine Robbins, a Glebe resident who is legally blind, prior to an Aug. 3 training session. BRIER DODGE/METROLAND MEDIA

“We worked together really well right from the get go,” Robbins said. Elibani said he realized as soon as Boulton first hopped on the tandem bike to just go down the block that she was going to be a natural fit. And 10 days later, the pair competed in Mexico.

Now, Boulton is spending her summer away from school by staying in the Old Ottawa South neighbourhood, near Robbins’ Glebe home, as the pair prepare for the Rio Paralympics.

She moved to Ottawa for the summer not knowing if the duo would qualify for sure.

They took a bike ride to distract themselves the day of the Team Canada announcement, but only got 20 minutes into it before they got the call — they were going to Rio to compete in the first ever Paralympic triathlon event.

“We threw the bike down and we were dancing in the street,” Boulton said.

BRIER DODGE/METROLAND MEDIA

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Major EI fraud cases still elusive

TECHNOLOGY

New system roots out more, but smaller, potential cases

A new computer system designed to root out possible fraud and overpayments in the federal government's employment insurance program is capturing more cases than its predecessor.

But the system hasn't been reeling in as many big fish as officials hoped.

Departmental documents show that on average, the second-generation program was finding more modest overpayments than the earlier version, despite a significant jump in the number of cases identified for review.

The findings led Employment and Social Development Canada officials to rejig the predictive model that considers some 100 variables to calculate the chance that someone has received too

much money, either by accident or through fraud.

The details are outlined in documents obtained by The Canadian Press under the Access to Information Act.

Officials now hope the recalibrated system can start finding more lucrative cases of overpayment to allow the department to better focus its resources and get a bigger bang for its investigative buck in one of the country's largest social programs.

"The newest iteration of the predictive model will provide the department with an additional tool to maintain integrity and prevent payment errors," said ESDC spokeswoman Evelynne Wildgoose Labrie.

"More specifically, it increases our efficiency at allocating resources to cases representing the highest risk of overpayment."

Since 2008, the predictive computer model has accounted for about half the overpayments identified.

A January presentation from ESDC officials likened the process to finding needles in a haystack by focusing on the likeliest area where the needles will be found.

In 2014, the program received a performance upgrade, both in the number of actual case of overpayment it hit on and an increase in the size of overpayments identified.

Earlier this year, officials found that the second-generation system wasn't working as originally expected.

The average overpayment identified under the newer model was \$861 between May and August 2015, a drop from the \$957 average during the same period in 2014. The newer model was, however, finding more cases. THE CANADIAN PRESS

72

If the government can't collect the money within 72 months of identifying the wrongful payment, it is generally written off.



Justin Trudeau, left, photo-bombed a Tofino, B.C., wedding. TWITTER.COM/MARNIERECKER

SOCIAL MEDIA

Shirtless PM enthralls again

Sightings of a shirtless Justin Trudeau continue to cause something of a stir across Canada and internationally this summer.

The prime minister was most recently photographed shirtless while taking a break from surfing and simultaneously photo-bombing a couple getting married on a Tofino, B.C., beach.

A Vancouver Island wedding

photographer, Marnie Recker, tweeted the photo of Trudeau on Saturday with his surf board standing several metres away from the bride, generating plenty of retweets and fanfare online.

It wasn't clear exactly when the photo was taken, but Trudeau has been in British Columbia for the past week.

A previous sighting of Canada's shirtless prime minister gained international attention.

The BBC and Time magazine reported on a Canadian family that encountered Trudeau while hiking in Quebec's Gatineau Park last month and took a selfie with the prime minister, who was not wearing a shirt.

THE CANADIAN PRESS

TRANSPORTATION

Safety board calls for more action on hot air balloons

In the wake of hot air balloon crash in the U.S. that killed 16 people, the federal agency that oversees transportation safety in this country says there hasn't been enough action taken over safety concerns.

"Balloon operators can operate commercially, can take fare-paying passengers up for sight-seeing tours and yet they're not required to undergo the same level of regulatory oversight that airplanes or helicopters would be doing the same activity," Transportation Safety Board chair Kathy Fox told The Canadian Press.

To carry paying customers, balloon operators must obtain a Transport Canada-issued Special Flights Operations Certificate, which Fox says can be obtained by submitting only basic information. It also never expires.

Unlike other plane or helicopter companies, balloon operations are not subject to audits or inspections and are not required to maintain operations or maintenance control manuals, Fox says.

Following the deadly July 30 balloon crash in a field in central Texas, there have been calls for stricter rules in the U.S.

A member of the U.S. National Transportation Safety Board, Rob-



A memorial at the site of the recent hot air balloon crash in Texas. EDWARD A. ORNELAS/SAN ANTONIO EXPRESS-NEWS VIA THE ASSOCIATED PRESS

ert Sumwalt, told The Associated Press there was what he called a "disparity" in the requirements for balloon operators compared to plane or helicopter pilots — similar to concerns raised by the TSB since 2008.

But the agency says recommendations for tougher commercial ballooning rules in Canada have been brushed aside by the federal transportation department.

Although individual pilots must be licensed and balloons must obtain a yearly "airworthiness certificate," Fox maintains there is not enough overall industry oversight to ensure companies are operating safely.

"It's really left up to the balloon operators now, and I'm

sure they're doing their best to operate safely, but the point is it's left up to them with no regulatory oversight from Transport Canada," Fox said.

The Transportation Safety Board first recommended imposing stricter regulations following a pair of 2007 accidents.

In response to the board's call for tighter regulations, Transport Canada agreed to conduct a risk assessment and formed a working group to study the issue.

The assessment was not released publicly, but the federal department stated in late 2013 that the favourable safety record of operators indicated that no further regulatory action was needed to ensure passenger safety. THE CANADIAN PRESS

INCIDENTS

Here's a look at some balloon-related accidents in Canada.

July 14, 2001

The 15-year-old daughter of the organizer of the Gatineau Hot Air Balloon Festival died when a balloon piloted by her father struck an electrical wire.

Aug. 11, 2007

Seven people were injured — three seriously — when a balloon carrying a dozen passengers crash-landed in a farmer's field north of Winnipeg.

Aug. 24, 2007

Two passengers died in Surrey, B.C., when an uncontrolled propane-fuelled fire broke out in a hot air balloon preparing for takeoff.

July 14, 2010

Passengers on an Ottawa-area hot air balloon had a scare when the basket caught fire during an early landing due to turbulence.

Aug. 11, 2013

A 27-year-old pilot plunged to his death after failing to let go of a cable from another pilot's balloon as he tried to help it land in St-Jean-sur-Richelieu, Que.

SOURCE: TRANSPORTATION SAFETY BOARD OF CANADA; THE CANADIAN PRESS

QUEBEC

Advisory panel not urging pitbull ban

For all the talk about banning pit bulls in Quebec, an advisory panel convened to look into the fate of those dogs doesn't appear to be biting on a controversial call to prohibit the dogs.

There's no mention of banning the breed from a government-appointed advisory panel to look into the matter, according to recommendations in a draft document obtained by The Canadian Press.

That goes against what Premier Philippe Couillard and several senior Liberal government ministers have publicly been saying since June — that a province-wide ban on pit bulls in Quebec along the lines of one in Ontario may be the way to go.

If Couillard's government elects to abide by the recommendations in the draft document, marked "confidential" and dated July 29, there's no mention in them of a ban like Ontario, where pit bulls have been banned since 2005.

Instead of targeting certain types, the panel suggests a case-by-case approach and "pit bull" and "dog breed" aren't mentioned in the recommendations.

The group is recommending a law that would set conditions to owning dangerous or potentially dangerous dogs and would include an awareness campaign aimed at preventing dog bites and educating the owners of such dogs. THE CANADIAN PRESS

IN BRIEF

Boy, subject of Amber Alert, found dead

Hamilton police say a boy who went missing this weekend was found dead Sunday. Police issued a brief news release that provided few other details about Finnigan Danne. A post-mortem has been scheduled but police are saying nothing else about the case.

Danne, 12, was last seen Saturday morning. Police said they were concerned about the boy's safety because he suffered from a neuromuscular disorder and had limited mobility without a wheelchair.

Police issued an Amber Alert Sunday afternoon but cancelled it less than an hour later. THE CANADIAN PRESS

REFERENDUM

Thai voters approve new constitution

Thai voters on Sunday overwhelmingly approved a new junta-backed constitution that lays the foundation for a civilian government influenced by the military and controlled by appointed — rather than elected — officials.

Although near-final results showed that more than 60 per cent of voters in a referendum called by the military government approved of the constitution, the vote is likely to be met by some skepticism. The junta — led by Prime Minister Prayuth Chan-ocha, a retired army general who has severely curtailed dissent since coming to power in a 2014 coup — imposed severe restrictions on public discussion of the proposed constitution.

Ahead of the referendum, the junta banned political rallies and open discussion about the constitution, and criticism of the draft was made punishable by 10 years in jail. Critics say the restrictions ensured that most people were unaware of the pitfalls of the charter, and were probably anxious to get the long-drawn process over with so that they could move on.

The “yes” vote “adds that touch of legitimacy to the coup makers,” Pavin Chachavalpongpun, an associate professor at the Center for Southeast Asian

Studies of Kyoto University in Japan, told The Associated Press.

“It gives them the green light for the next few steps they want to take. They will say the opposition cannot say anything now,” said Pavin, who is Thai and is a vocal critic of the junta.

Prayuth’s office, however, said in a statement late Sunday that the referendum “was conducted with a high degree of transparency and openness on part of the government.”

Despite the curbs on civil liberties, Prayuth’s rule has brought a measure of stability and ended the frequent street violence and divisive politics that had frayed Thailand’s social fabric for years. That veneer of stability could help explain the “yes” vote for the new constitution.

There was also the allure of new elections that Prayuth has promised to hold in 2017, after the approval of the new constitution, although he’s said he would call the vote even if the referendum was defeated.

With 94 per cent of the ballots tallied when counting was suspended for the night, 61 per cent of the voters said they approved of the constitution, while 39 per cent rejected it. The official final count is expected to be issued on Wednesday.

THE ASSOCIATED PRESS

58%

Only about 58 per cent of Thailand’s roughly 50 million registered voters cast ballots in the referendum.



A Thai member of the New Democracy cries after the “Yes” victory on Sunday. BORJA SANCHEZ-TRILLO/AFP/GETTY IMAGES

IN BRIEF

Man arrested for drug-laced candy that made 24 ill

A Michigan man has been arrested and charged with felony drug trafficking after more than two dozen concertgoers became ill after ingesting THC-laced candies at a northeast Ohio rap festival.

The Richland County Sheriff’s Office was holding 28-year-old Matthew Lee Gross, of Ypsilanti, in jail

Sunday.

A spokeswoman for the OhioHealth hospital in Mansfield said 24 attendees of the EST 2016 festival at Ohio Dreams sports camp in Butler were treated with an overdose antidote Saturday after ingesting the candy packets. THC is the psychoactive compound found in marijuana.

THE ASSOCIATED PRESS



STORMS MACEDONIA DECLARES EMERGENCY AFTER DEADLY FLOODING

A man walks through a flooded street in the village of Stajkovci, near Macedonia’s capital of Skopje, on Sunday following overnight torrential rains and fierce storms.

The storms left at least 21 people dead, six missing and dozens injured, authorities said. The freak weather included winds blowing at more than 70 kilometres an hour and resulted in flash floods and landslides, with cars swept away by the violent torrents.

Macedonia’s government declared a state of emergency in parts of the capital as police and army helicopters searched for the missing and evacuated hundreds from the flood

ZONE. ROBERT ATANASOVSKI/AFP/GETTY IMAGES

Daesh claims machete attack on police officers

BELGIUM

Assailant shot and killed by third officer

Daesh on Sunday claimed responsibility for a weekend machete attack that wounded two policewomen in the Belgian city of Charleroi, calling it an act of reprisal carried out by one of its “soldiers.”

Belgian prosecutors identified the machete-wielding assailant as a 33-year-old Algerian known to police for criminal offences, but not for extremist acts.

Belgian media reported that he was in the country illegally, despite two separate orders being issued for him to leave. The government didn’t immediately confirm the reports.

The attack on Saturday afternoon is being treated as a terrorist incident, notably because the man shouted “Allahu akbar!” — Arabic for “God is great” — as he slashed at the officers outside Charleroi’s main police station, Prime Minister Charles Michel said.

The assailant, shot by a third officer, died later in a hospital. A statement by the Daesh-affiliated Amaq News Agency, posted Sunday on an



Belgian Prime Minister Charles Michel, left, and Charleroi Mayor Paul Magnette arrive at the hospital where one of the injured policewomen is staying. NICOLAS MAETERLINCK/AFP/GETTY IMAGES

Daesh-linked Twitter account, said the attack on the policewomen was in response to the “Crusader coalition’s” military campaign against Daesh and its self-declared caliphate in Iraq and Syria.

Belgium, a longtime U.S. ally, is a member of the American-led coalition combating Daesh, and has supplied warplanes to participate in anti-Daesh operations.

The Belgian Federal Prosecutor’s Office said the attacker, who it identified only as K.B., had lived in Belgium since 2012.

“Since there are indications that the attack may have been

inspired by a terrorist motive, the federal prosecutor’s office decided to take over the investigation from the district prosecutor’s office of Charleroi,” the federal office said in a statement.

The office said two police searches were carried out overnight in the southern Belgian city, but that no further information about the investigation would be made public.

Broadcast media including state-owned RTBF said K.B. was in Belgium illegally despite receiving two separate orders from government authorities to leave. Michel didn’t directly confirm the reports. But he told RTL television that more must be done to combat illegal immigration, saying it was difficult to persuade Algeria to accept the return of its nationals.

Both policewomen were “se-

+ HIGH ALERT

Belgium has been on high alert since the March 22 suicide bombings claimed by Daesh extremists that killed 32 people in Brussels.

Many of the perpetrators of the Nov. 13 carnage in Paris that killed 130 people were also residents of Belgium.

That attack was also claimed by Daesh.

verely injured in the face and neck” in the attack, the federal prosecutors’ statement said. RTL said both were placed in an artificial coma to allow surgeons to operate on them. Michel said the prosecutors were treating the attack on the officers as a case of “attempted terrorist murder.”

Michel said the prosecutors were treating the attack on the officers as a case of “attempted terrorist murder.”

The prime minister spoke to reporters following an emergency meeting with top Belgian law enforcement officials Sunday morning. Michel cut short his vacation in the south of France following the Charleroi attack, which had some police unions clamouring for greater protection for police officers and installations.

THE ASSOCIATED PRESS

“We must avoid panic, of course — not give in to terror. That’s the trap that has been set for us.

Belgian Prime Minister Charles Michel

Pipeline hearings begin

ENERGY EAST

3-member panel to decide fate of controversial \$15.7B project

The National Energy Board is set to begin public hearings Monday into the Energy East Pipeline in New Brunswick, a province where the prospect of oil and gas development has led to fierce, and sometimes violent, protest in the past.

A three-member panel tasked with deciding the fate of the controversial \$15.7-billion development will start the hearings in Saint John, where the oil that would be shipped through the proposed 4,500-kilometre project would be refined.

In all, 337 intervenors are scheduled to give their take on a pipeline that has already widened a chasm between some who believe the project is vital for the country's economic growth and others who oppose it on environmental grounds.

Stephen Thomas, energy campaign co-ordinator at the Ecology Action Centre, will be



Members of Stop Energy East Halifax head to a protest in Halifax in January 2015. **National Energy Board hearings on the pipeline are set to begin in New Brunswick.** ANDREW VAUGHAN/THE CANADIAN PRESS

travelling from Halifax to make a 20-minute presentation on the first day of the hearings.

He said he plans to raise concerns about the impact an oil spill would have in the turbulent waters of the Bay of Fundy. So far, he isn't persuaded by TransCanada's mitigation plans.

"They would have to work a



When it comes to the public, they don't really care.

Roger Hunka on TransCanada

lot harder than they are now to convince us that they could respond in an effective way, that's for sure," said Thomas.

He said he wants to highlight that the pipeline, which would carry 1.1 million barrels of crude per day from the Alberta oil-sands to the East Coast, would increase greenhouse gas emissions.

But that issue will be assessed in a separate review process run by the federal government.

Roger Hunka, director of intergovernmental affairs at the Maritime Aboriginal Peoples Council, has submitted 16 detailed questions ahead of his presentation scheduled for Tuesday.

He said the council is not opposed to development if it's well-planned and well-communicated. But TransCanada hasn't done a good job doing that, he said.

"TransCanada ... from my experience, has had a very disdained approach to citizens," said Hunka.

He said his main concern is the impact a spill would have on the environment and how that would affect hunting and fishing grounds.

TransCanada spokesman Mark Cooper said the company is committed to informing the public about all aspects of the project.

"Communication, transparency, accountability, and openness with local communities is fundamental to building confidence and acceptance of our projects," said Cooper.

THE CANADIAN PRESS

FINANCE

Panama panel loses expert

Nobel economics laureate Joseph Stiglitz has quit a committee set up by Panama's government to study the country's financial system following the leak of a trove of data about offshore accounts set up by a Panamanian law firm.

Panama's foreign ministry said Saturday that Stiglitz resigned over "internal differences" that it did not explain. Swiss law professor Mark Pieth also resigned.

The committee of experts was set up in April following the international uproar over the leak of the so-called "Panama Papers" revealed details on offshore accounts that helped foreigners shelter their wealth.

The panel is supposed to give recommendations on making it more difficult for people to use Panama's financial services sector for illegal activities.

Four experts continue to work on the committee.

THE ASSOCIATED PRESS

OFFICE SPACE

Storied former Bell Labs site seeks to inspire new inventors

The two-million-square-foot building where Bell Labs scientists helped launch modern cellular networks before it became one of the country's largest vacant office buildings is drawing companies with the lure of working at a complex surrounded by technological history.

A water tower in the shape of a transistor, which the company's scientists created in 1947 as part of their continuing mission to improve and expand communications, stands over the Bell Works complex in Holmdel, near the site where the

Big Bang theory of the universe was proven.

With that history, the developer who acquired the building in 2013 after it sat vacant for seven years is hoping to lure tech entrepreneurs and others to the glass and steel structure originally designed by Eero Saarinen, who also designed St. Louis' Gateway Arch.

Somerset Development President Ralph Zucker envisions the office space as a "metrohub" anchored by tech companies that are joined by retail, entertainment, health care and nearby

homes.

"It's an attractive building with an incredible history that was a cradle of many innovations," said Zucker.

Aside from the allure of being surrounded by history, the state's Economic Development Authority also offered millions in tax credits to companies considering moving to the complex.

Mayor Eric Hinds said the redevelopment will build on the work of the past, which itself transformed Holmdel from "a farm town into a corporate destination." THE ASSOCIATED PRESS

+ TENANTS

■ Bell Works is about 60 per cent full after last month's lease signing by human resources software provider iCIMS as the anchor tenant. iCIMS received a 10-year, \$38-million tax credit.

■ Other tenants include the software company WorkWave and data storage startup Symbolic IO.



A group gathers inside the former Bell Labs building in Holmdel, N.J., July 20. DOUG HOOD/THE ASBURY PARK PRESS VIA THE ASSOCIATED PRESS

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URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION
I have a dear friend who invites me to her cottage every year. I hate going. I've started making up excuses, but now it seems too obvious. Is there a polite way to decline?

Dear Ellen,

I have a dear friend who invites me to her cottage every year. The trouble is, I hate going. I don't like cottages. Or swimming. Or her other friends. Or her yappy, smelly, badly trained dogs who constantly jump up on people. A couple of years ago, I started making excuses at the last minute not to go, but now it seems too obvious. Is there a polite way to decline cottage invites without hurting a host's feelings?

— City Gal

Dear City Gal,

I think this one might depend on the friend, and how invested she is in her identity as a cottage owner. Some people (like me) wouldn't care one bit if a friend declined the invite and bluntly admitted: "Sorry, I'm not a cottage person, but thanks anyway!" The truth is, it's a lot of trouble to entertain guests at a cottage, and it's often hard for cottage owners to fit everyone in over a short Canadian summer. So she might appreciate being off the hook with a guest who doesn't want to come at all.

If you want to soften the blow, you can always

It's often hard for cottage owners to fit everyone in over a short Canadian summer. So she might appreciate being off the hook with a guest who doesn't want to come at all.



© Ami Castillo

send along a wee gift as a token of appreciation for the invite — a bottle of something nice for her and her friends to share in your absence, or a beeswax candle for the dinner table.

If she's bound to take huge offence, you have two choices: Let her be offended and cut you out of her life forever. Or go to the damn cottage and suck it up to save the friendship.

Easy peasy. And with our remaining space, let's go over some cottage rules for those who do end up there.

Guests should always offer to bring food, and take direction from the host as to what's needed or desired. Make sure to bring beer, wine or some fancy booze if everyone's a drinker.

Take your cue from the host when it comes to matters such as talking or not talking in the morning, or where to put toilet paper if there are septic tanks or outhouses involved. Pitch in with cooking, dishes, getting out swimming and boating toys and equipment, and putting them all away again. No matter how much you might hate cards, board games, euchre or charades, you are obliged to enthusiastically join in.

Hosts, meanwhile, should make sure linens are clean or, at the very least, don't reek of mildew and your last 20 guests. And get rid of old pillows — you know the ones I mean: those rock-hard, 10-kilo repositories of dead skin cells and dust mites.

Alternatively, there is no shame in asking guests to bring their own sheets and pillows.

If guests want to pitch in with tasks around the property, let them. But don't ask anyone to spend the weekend hauling lumber, painting the boat-house, or fixing the dock.

And, sorry to be such a downer, but not everyone has the survival skills you've developed over years of cottage dwelling. You owe it to guests to make sure you have working fire extinguishers, enough life vests for everyone on the water, and emergency numbers posted in plain sight.

As for yappy, smelly, badly trained dogs who jump up on people, that's a whole other problem, which I'd love to address in another column — though I warn any owners of these intolerable irritants, you won't like it.

+ ELLEN'S RULES

Dos and don'ts of being a cottage guest

Always bring food (and booze, if it's a drinking crowd) to share.

Take your cue from the host about the toilet paper/septic tank/outhouse situation if it's unclear.

Participate enthusiastically in activities like swimming, boating and board games.

Pitch in with dishes, clean-up and chores.

Need advice?
Email Ellen:
 scene@metronews.ca

ROSEMARY WESTWOOD

9 to 5, Part 2: Working women's rights are front and centre once again

The realities and plights of working women have entered the U.S. election with a somewhat surprising intensity.

Hillary Clinton's campaign was always going to spur debate over women's capacity to wield power, their innate suitability and the public appetite to see them succeed.

But it's also landed in the middle of an economic call to arms, a renaissance of working women's rights, a realization 9 to 5 remains a relevant protest film as well as a satisfying serving of Dolly Parton, Jane Fonda and Lily Tomlin.

Beginning with Anne-Marie Slaughter's *Why Women Still Can't Have It All* in the Atlantic magazine, and followed by Sheryl Sandberg's controversial *Lean In*, we're living in an upswing of outrage over the lack of women in executive jobs, the ongoing pay gap that sees women of colour earning the absolute least, the burden of caregiving on women and the galling lack of maternity leave in the U.S.

Then, crashing through the election's front window, Gretchen Carlson's lawsuit against Fox chairman Roger Ailes forced high-level resignations (Ailes, among others), bringing sexual harassment front and centre once again.

Never one to bow out of a controversy, Donald Trump suggested harassed women should just change jobs; he'd already said pregnancies are bad for business. His running mate, Mike Pence, argued in a 1997 newspaper letter that

working women "stunted" kids' emotional growth.

But it was Ivanka Trump who proved just how pivotal working women are to this election when she shocked onlookers at the Republican National Convention with the unconvincing, Hail-Mary claim her father would fight for equal pay — a Clinton campaign cornerstone.

Amidst all this blustering, ordinary women are just trying to navigate the status quo of a working world created to benefit men.

That led New York Times journalist Jessica Bennett to write the forthcoming *Feminist Fight Club*, a how-to "survival manual for a sexist workplace." It's the kind of book I don't want to like, both from a natural aversion to advice and because cheeky manuals are generally useless.

This book, happily, is not. In particular, I fell for the dissection of the many uses of "I'm sorry." It contains the kind of advice that generally comes with a cocktail: Worth hearing, if not always taking.

Individual women can't contort themselves just so to escape systemic forces of the patriarchy in the economy. That will require a more than the current culture storm. It's anyone's guess how long a 1980s feminist satire will still have something to say about working women's rights.

Listen to 'Nth Wave,' Rosie's podcast on women & media, at metronews.ca/podcasts

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The Your Morning team, from left, Kelsey McEwen (weather anchor), Ben Mulroney and Anne-Marie Mediwake (hosts), Lindsey Deluce (news anchor) and Melissa Grelo (late morning anchor).
THE CANADIAN PRESS/CONTRIBUTED

What's at stake for Your Morning

INTERVIEW

CTV looks for more analysis, less news in flagship show

Ben Mulroney and Anne-Marie Mediwake are talking animatedly in a small office at CTV's headquarters in Toronto. The banter is non-stop and effortless, a preview of things to come for their new flagship morning show, launching Aug. 22 to replace the venerable Canada AM.

Mulroney: "I do all the Harry Potter voices for my kids. Here's one. (Deep voice) 'You're a wizard Harry.'"

Mediwake with a puzzled look: "Who's that?"

Mulroney: "It's Hagrid. I didn't

say I was good at impressions."

Mulroney so far is doing a pretty good Canadian take on American Idol host Ryan Seacrest, who seems to be everywhere in the entertainment landscape south of the border. As well as hosting Your Morning, Mulroney will continue to work for entertainment show eTalk.

"Look, he's got like seven jobs; I only have two. It's scheduling," says Mulroney in his first sit-down interview, along with Mediwake, since the show was announced.

A lot is riding on the success of Your Morning. Fans didn't appreciate that Canada AM, which would have celebrated 44 years this September, was yanked unceremoniously from the schedule two months ago with a mere 24 hours notice.

There is also concern that

I'm the daughter of a 1970s Pierre Trudeau immigrant and he's the son of a former prime minister. It doesn't get more Canadian than that.

Anne-Marie Mediwake on working with Ben Mulroney

the new incarnation will be less about the news and more about entertainment, leaving Canadians with fewer in-depth stories about their own backyard.

The jury is still out. But certainly few people have been as groomed for the morning show job as Mulroney, son of former prime minister Brian Mulroney. The younger Mulroney has already guest-hosted Canada AM, as well as bigger things south

of the border, including ABC's Live! With Kelly.

Mediwake, meanwhile, has a solid hard news background. Her last role was the supper-hour anchor for Toronto's CBC newscast with co-host Dwight Drummond, and earlier in her career she worked as a reporter for Canada AM and CTV National News.

"I'm the daughter of a 1970s Pierre Trudeau immigrant and he's the son of a former prime

minister. It doesn't get more Canadian than that," says Mediwake.

"We want this to be a platform for the biggest newsmakers in Canada. When they have a story to tell, this is where we want them to come," says Mulroney.

The casting of Mulroney and Mediwake as co-hosts for the new show came about through a confluence of factors. But they joke that reality show renovation star Bryan Baeumler was the one responsible for inadvertently testing their chemistry together. "Bryan has a farm and he invited Ben's family and my family out, and we basically chased chickens with the Baeumler kids. It was a great day," says Mediwake.

"But Ben and I both discovered we had a lot in common. He's got twins, I've got triplets

and we got along great. When you're doing three hours of live television with someone, you've really got to trust that person."

The traditional way of telling the news has been replaced by social media and conventional broadcasters have to approach storytelling differently, she says.

"People already know what the sports score is or that Michelle Obama had a great speech last night," says Mediwake.

"It's actually an opportunity to go deeper. Wouldn't it be great to talk to Obama's speech writer to see how those words were crafted?"

Mulroney and Mediwake will be joined by CP24's Melissa Grelo and Lindsey Deluce as late morning anchor and news anchor, and Kelsey McEwen as weather anchor. TORSTAR NEWS SERVICE

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How to teach kids about sophisticated marketing magic



One marketing technique to teach kids about is the "Famous People Ads" — the message is if an athlete, movie star or musician uses the product, shouldn't you? ISTOCK

FAMILY FINANCES

Kids don't make money, but they tell us how to spend it

Gail Vaz-Oxlade
For Metro Canada



From footwear to hair care, big business is making its pitch to little consumers and scoring billions of dollars.

Kids may not make the money, but they sure have a say in how we spend it. Marketers know. And that's why their focus has moved from the traditional toys, candy and cereal to computers, clothing and cars.

Worried that commercials are having an undue influence on your children? Time to start talking to your wee ones about how the "promise" and the "reality" differ.

When your child says he wants the latest action figure, ask him if he thinks said figure will move by of its own accord. When you take her to the store to buy something, take it out of the packaging (another buy-me play) and ask if it lives up to her expectations.

Kids can't differentiate between what's real and what's marketing magic. You actually have to teach your kids that advertising exists to sell products, that special effects can exag-

gerate a product's operation, and that the ads don't always include all the information.

The next time you watch TV with your son or daughter, take time to point out the difference between the programs and the advertisements. Talk with your child about the different types of commercials on TV, radio, online and in print. Help your kids label the ads so they become less susceptible to marketers' influence. (Hey, you might make a discovery or two yourself!)

Wannabe Ads: Beautiful people having scads of fun doing things we would all love to be able to do: rafting, skiing, skateboarding, dancing. Buy the product and you'll be



When you take her to the store to buy something, take it out of the packaging and ask if it lives up to her expectations.

part of a group of fun-loving, popular achievers.

Famous People Ads: Athletes, movie stars, musicians, famous business people, even politicians appear in ads. The message is if someone famous uses the product, shouldn't you?

Cozy Ads: These ads depict

warm, comfy pictures, usually in an intimate setting. A grandpa and grandson chatting on the telephone or best friends sharing secrets over a tub of ice cream. These ads want you to relate their products to love and contentment.

Facts Ads: Four out of five doctors, six out of seven dentists and nine out of ten mechanics all say this is the best product available. Could all those experts be wrong?

The Great Offer Ads: These offer you a not-to-be-believed, too-good-to-pass-up opportunity to get more for less — buy two get one free, buy one and the next is half-price.

Once you and your kidlet have labelled the ads, make a game of finding four or five examples of each type of ad. Ask your child:

Is the product better because a famous person says it is?

Will you be happier, safer, warmer, cozier, if you buy that product?

Is the deal being offered really a good deal? (Time to do the math.)

Given the constant barrage of messages to buy, buy, buy, it's not surprising that children are consummate consumers. Isn't it time to start making your kids smarter about how they spend their, and your, money?

For more money advice, visit Gail's website at gailvazoxlade.com



THE LATEST IN RESEARCH



Tinder generation is having less sex than parents did

Casual sex and "hookup culture" among Tinder-swiping millennials has been the source of much conversation — and consternation. A study from the Archives of Sexual Behaviour in August suggests concerns may be misplaced. Researchers analyzed U.S. General Social Survey data from 1989-2014 to find out whether those born between 1980-1994 and 1995-2012 had more sexual partners as adults compared to older generations. Other data has suggested teenage sexual activity in those cohorts was lower than previous years. Researchers found millennials born in the 1990s were more than twice as likely to be

sexually inactive as young adults than those born in the 1960s and 41 per cent more likely than millennials born just a few years earlier in the 1980s. Researchers suggested living with parents longer, preferring non-penetrative sexual behaviour and sexual education may contribute to the change.

Richer neighbourhoods attract more creepy crawlers

While conventional wisdom might suggest homes in lower-income neighbourhoods might harbour more arthropods — generally, creatures with exoskeletons such as flies, ants, spiders, centipedes, and millipedes — a new study published in the Royal Society's journal Biology Letters found the opposite was true. They hand-counted all living and dead arthropods in 50 homes in Raleigh, N.C. and found higher-income neighbourhoods had a greater diversity.

Women like personal invites — even for a Pap test

Women who receive an invitation in the mail are more likely to get their Pap test, according to a study associated with the Ontario Cervical Screening Program published in the journal Preventive

Medicine. The study looked at the impact of followup reminders sent out in 2014 by Cancer Care Ontario to women between 30 and 69 years old. Women who received the invitations were around 1.7 times more likely to undergo a Pap test. Among women who received the mail-out, 14 per cent were screened within nine months, according to the study. Among women who did not receive a mail-out, 8.5 per cent were screened within nine months.

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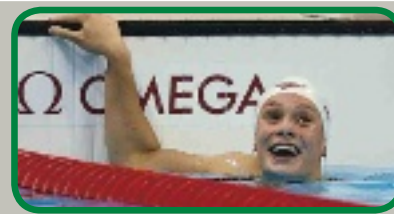
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Penny Oleksiak, 16, of Toronto added to her bronze medal in the 4x100-metre relay with a silver medal in the women's 100-metre butterfly



Canada's John Gordon Perrin spikes the ball during a qualifying match against the United States on Sunday.

PEDRO UGARTE/AFP/GETTY IMAGES

VOLLEYBALL

Canada stuns U.S. in return to Games

Canada's men's volleyball team may have lulled the competition into a false sense of confidence.

The Canadians defeated the United States 3-0 in the men's volleyball opener for both teams Sunday at the Rio Games. This is the Canadian team's first Olympic appearance since the 1992 Barcelona Games.

The 12th-ranked Canadians converted their first match point for a 25-23, 25-17, 25-23 upset win over the No. 5 Americans.

"You never expect a victory quite like that," said Canadian opposite spiker Gavin Schmitt. "But we know that we can play very well and if we focused on our own game, really took it to them and played aggressive then we had a good chance of beating them."

The United States made 10 service faults in the opening game. Canada closed out the second set on a 10-2 run with Nick Hoag of Sherbrooke, Que., sealing it with an ace.

THE CANADIAN PRESS

ON TAP
Canada will continue preliminary-round play Tuesday against top-ranked Brazil.

IN BRIEF

Canadian judoka falls in bronze-medal match

Canadian judoka Antoine Bouchard lost to Japan's Masashi Ebinuma in the 66-kilogram bronze-medal match at the Rio Olympics.

The 21-year-old Jonquiere, Que., native started his day with three straight wins, including a stunning victory in the round of 32 over Russia's Mikhail Puliaev, a silver medalist at the 2014 and 2015 world championships.



Ghislaine Landry
GETTY IMAGES

Canucks advance to semis in women's rugby

Bianca Farella and Ghislaine Landry scored late tries to lead Canada past France 15-5 in the quarter-finals of the women's rugby sevens Olympic tournament.

Canada will face Australia, the tournament's No. 1 seed, on Monday in the semifinal.

THE CANADIAN PRESS

Abel and Ware land just shy of podium

DIVING

Quebecers place fourth in their first competition

As soon as she hit the water Jennifer Abel knew she wasn't going to win a medal at the Rio Olympics.

Abel and diving partner Pamela Ware opened the Rio Olympics with a gut-wrenching result in the women's three-metre synchronized event, finishing less than one point behind bronze medallists Maddison Keeney and Anabelle Smith of Australia.

"I knew at that moment it was over," Abel said. "As soon as I touched the water, I knew I'd made a mistake and we were fourth. I knew it would be close, but at the same time I didn't know to what extent."

As the scores were posted on the board, Abel dunked her head under the water while Ware bowed hers in disappointment.

Abel, from Laval Que., and Ware of Greenfield Park, Que., were the silver medallists at last year's world championship. Abel also captured bronze in the event at the London Games four years ago with the now-retired Emilie Heymans.

"We felt good, we had good practices," Abel said. "Unfortunately, our competition wasn't at the same level as our performance in training. It's un-



From top: Canada's Pamela Ware and Jennifer Abel compete during the women's synchronized three-metre springboard diving final in Rio de Janeiro, Sunday. MATT DUNHAM/THE ASSOCIATED PRESS

fortunate because we missed the podium by less than one point."

Chinese pair Shi Tingmao and Wu Minxia won the gold with a score of 345.60 while Italians Tania Cagnotto and

Francesca Dallape were second with 313.83 and the Aussies scored 299.19. Abel and Ware finished with 298.32.

"We really did everything we could today, and unfortunately today just wasn't our best day,"

said Ware.

The two still have a chance for a medal in the individual springboard next week.

"We have to look at it from the positive side. Yes, we're capable of doing much better, yes we have another four years ahead of us," Abel said. "These are also the first games for Pamela (Ware), so we have to underline that." THE CANADIAN PRESS

“As soon as I touched the water, I knew I'd made a mistake and we were fourth. Jennifer Abel

DAY 2 HIGHLIGHTS

Williams sisters stunned by Czech duo

The whipping gusts that disrupted athletes and spectators alike were just a prelude to the winds of change that roared through Rio de Janeiro on Sunday night: Serena and Venus Williams lost an Olympic doubles match for the first time.

Day 2 of the Rio Games proved quite the breeze for some athletes and much too windy for others. The gusts ripped apart a large decorative panel on the swimming venue.

Then, the tempest: the Williams sisters were stunned in the opening round by the Czech Republic's Lucie Safarova and Barbora Strycova 6-3, 6-4 after entering Sunday's match with a 15-0 mark in the Olympics.

They had won the gold medal in women's doubles every time they entered the event: in 2000, 2008 and 2012. The American duo was seeded No. 1 in Rio and coming off a 14th Grand Slam championship together

RIO Golden first

Majlinda Kelmendi won Kosovo's first Olympic medal, taking gold in judo (women's 52 kilograms). Kosovo was not recognized by the IOC until 2014.

at Wimbledon a month ago.

China won yet another medal in air rifle on a day nasty winds

sent the clay targets in the trap event bobbing and bouncing through the air, forced delays on the tennis courts and whipped up treacherous waves in the Rodrigo de Freitas Lagoon.

Sunday's rowing regatta was called off after a two-hour delay when the choppy seas didn't let up. Race officials said winds gusting up to 55 km/h pushed buoys into the lanes and capsized two boats during morning practice.

THE ASSOCIATED PRESS

Furyk's historic Route 58

GOLF

Veteran motors to a new magic number with round for ages

Jim Furyk has a place in PGA Tour history all to himself with a new magic number in golf.

Three years after Furyk became the sixth player on tour with a 59, he took it even lower Sunday in the Travelers Championship with a 58.

The 46-year-old American bounced in an eagle from 135 yards on his third hole, ran off seven straight birdies around the turn and picked up his final birdie on the 16th hole with a putt from just inside 24 feet. He rolled in a short par putt on the final hole at TPC River Highlands, thrust his arms in the air and waved his cap to salute thousands of fans who had rushed to the amphitheatre around the 18th green to catch a stunning slice of history.

"There's a lot of rounds by a lot of great players ahead of me that have never reached 58, so to hold that record alone right now, on the PGA Tour at least ... is phenomenal," Furyk said. "To have a little, small place in history is something you dream of."

And it could have been even lower. Furyk reached 11 under on the par-70 course with his seventh straight birdie at No. 12. He missed a 12-foot birdie attempt on the 14th hole, and after nearly driving the par-4



Jim Furyk of the United States celebrates after shooting a record setting 58 during the final round of the Travelers Championship in Connecticut Sunday. STEVEN RYAN/GETTY IMAGES

15th, his 8-foot birdie putt lipped out.

It might be one of the best rounds hardly anyone saw.

Furyk, who started the final round 16 shots out of the lead, had less than a dozen fans watching when he teed off at 8:41 a.m. He finished his round before Golf Channel coverage began.

The news travelled far. "Amazing, eh?" Justin Rose

said from the practice range at the Olympic Golf Course in Rio de Janeiro. "Amazing that he did

“To have a little place in history is something you dream of.”

Jim Furyk

it without birdieing the 13th (par 5) and 15th. Pretty cool."

It might not have happened if Furyk had not gone this road before. He shot a 59 at Conway Farms in the second round of the 2013 BMW Championship with a bogey on his card.

"I guess had I never shot 59 before, I probably would have been thinking 59, the barrier," he said. "But the fact that I did it three years ago, you know, in

+ KNOX IS TOPS

Scotsman holds his nerve

Russell Knox saved par with a 12-foot putt on the final hole to beat hometown favourite Jerry Kelly by a stroke Sunday in the Travelers Championship.

Knox closed with a 2-under 68 for a 14-under 266 total at TPC River Highlands. The 31-year-old Scot won for the second time on the tour, following his breakthrough victory in China in November in the WGC-HSBC Champions. THE ASSOCIATED PRESS

the back of my mind I've got 11-under through 12; I've got six holes to play. If I play them under par, I'm going to break another barrier."

Ryo Ishikawa shot a 58 in The Crowns on the Japan Golf Tour in 2010. Shigeki Maruyama shot a 58 in U.S. Open sectional qualifying in 2000. And just last week, Stephan Jaeger posted a 58 on the Web.com Tour in the Ellie Mae Classic at the TPC Stonebrae.

Furyk is the only player with sub-60 rounds twice. And it would appear that both times, he had to settle for history, not a trophy. He finished third at the 2013 BMW Championship, and he was still four shots behind 54-hole leader Daniel Berger at the Travelers before Berger even teed off. THE ASSOCIATED PRESS

RIO 2016

Russia's blanket Para ban

After escaping a blanket ban from the Olympics, Russia was kicked out of the upcoming Paralympics on Sunday as the ultimate punishment for the state running a doping operation that polluted sports by prioritizing "medals over morals."

Paralympic leaders expelled one of its most significant members as the IOC announced that 278 Russians have been given clearance to compete at the Olympics after their eligibility in Rio de Janeiro was left to individual sports.

Russia's years of doping deception, including tampering with samples at the 2014 Olympics and Paralympics in Sochi, were outlined last month by World Anti-Doping Agency investigator Richard McLaren.

"The facts really do hurt," IPC President Philip Craven said. "They are an unprecedented attack on every clean athlete who competes in sport. The anti-doping system in Russia is broken, corrupted and entirely compromised."

In contrast to IOC President Thomas Bach, who opposed the "nuclear option" of banning Russia ahead of Friday's Olympic opening ceremony, Craven directly condemned the Russian state's involvement in doping but stopped short of blaming Russian President Vladimir Putin.

THE ASSOCIATED PRESS

IN BRIEF

Ichiro joins exclusive club

Ichiro Suzuki joined the 3,000 hit club in Colorado Sunday, becoming the 30th Major League player to reach the milestone.

The Marlins outfielder did it Sunday with a triple in the seventh inning against at Coors Field. Miami players came out of the dugout to congratulate Suzuki, and he waved his helmet to acknowledge the cheers.

The 42-year-old Suzuki hit a long drive to right field that carried just beyond the reach of Gerardo Parra. THE ASSOCIATED PRESS

Machado's triple treat

Manny Machado became the second player in major league history to homer in the first, second and third innings, driving in a career-high seven runs in a 10-2 rout of James Shields and the White Sox on Sunday.

Machado hit a two-run homer in the first and a three-run shot in the second off Shields, who allowed four homers while getting four outs. The only other player to do that was Carl Reynolds of the White Sox on July 2, 1930, at the Yankees. THE ASSOCIATED PRESS

MLB

Blue Jays' silent bats ready to 'explode'

The Toronto Blue Jays bats went silent over the weekend.

Jose Bautista, Josh Donaldson and Edwin Encarnacion did not have an extra-base hit or drive in a run in the three-game series at Kansas City.

Yordano Ventura pitched effectively into the seventh inning Sunday and Kendrys Morales hit a grand slam as the Royals beat the Toronto Blue Jays 7-1.

"Today was a little frustrating," Blue Jays manager John Gibbons said. "It's always tough to play here. They're world champs. They're that for a reason and

SUNDAY in Kansas City



they held us in check. We really haven't been swinging that good since the beginning of the last homestand. We've been in kind of a rut, so we're due to explode."

They fired duds against Ventura. Ventura (7-9), who was 0-5 in seven starts since a June 17 victory over Detroit, limited the

Blue Jays to one run and five singles in 6 2/3 innings, walking four and striking out four.

"It's hard to be hot for 162," losing pitcher Marcus Stroman said. "Our guys are some of the best hitters in the league and we're aware of that and the drought's not going to last. It's just one of those spurts and I'm sure they'll break out pretty soon."

Stroman (8-5) allowed three runs and seven hits in five innings. He threw 95 pitches before being replaced by Scott Feldman. THE ASSOCIATED PRESS



Blue Jays Marcus Stroman and Josh Thole try to work it out. ORLIN WAGNER/AP PHOTO

A-Rod reaches finish line

MLB

Yankees to retire controversial slugger

Ready or not, Alex Rodriguez will play his final game in pinstripes this week.

One of the most prolific hitters and polarizing figures in baseball history, the slumping slugger plans to take his final at-bat with the New York Yankees this week and then become a special adviser and instructor with the team next year. A-Rod and the club made the announcement before Sunday's game against Cleveland.

"This is a tough day. I love this game and I love this team," he said, often choking up. "And today I'm saying goodbye to both."

The 41-year-old Rodriguez, who sat out the 2014 season while serving a performance-enhancing-drug suspension, will play against Tampa Bay at Yankee Stadium on Friday night and then be released.



Alex Rodriguez will retire Friday. JIM MCISAAC/GETTY IMAGES

New York will pay him the remainder of the approximately \$27 million he's owed as part of his \$275 million, 10-year contract.

Relegated to little more than a spare part lately, the

three-time AL MVP acknowledged "the last four weeks have not been fun."

"It's been very painful and embarrassing to sit on the bench. It's been awkward," Rodriguez explained.

But he made it clear he still thinks he could contribute on the field.

"Of course, I think I can play baseball. You always think you have one more hit in you, or help the team win

"This is a tough day. I love this game and I love this team. And today I'm saying goodbye to both."

Alex Rodriguez

one more game, for sure," said Rodriguez, who is four home runs shy of 700. "That wasn't in the cards. That was the Yankees' decision, and I'm at peace with it."

A news release issued by the club indicated Rodriguez will be released after "his final major league game" to sign a contract that gives him a job working with minor leaguers throughout the Yankees' farm system. That deal runs through Dec. 31, 2017.

A-Rod said he'll go home to Miami following Friday's game and he thought his new duties would begin during spring training. He thanked the Steinbrenner family for the opportunity to stay in baseball. THE ASSOCIATED PRESS

NASCAR

Hamlin stays out of trouble to win first road race

Denny Hamlin prevailed in a four-lap dash to the checkered flag to win a wreck-fest at newly paved Watkins Glen International on Sunday.

It's the first road course win of Hamlin's career as he survived a race that had eight cautions for 24 laps and two red flags for 30 minutes.

THE ASSOCIATED PRESS

Collision leaves driver in critical condition

Sprint Car driver Bryan Clauson remained hospitalized Sunday in critical condition following a harrowing accident in the Belleville (Kan.) Midget Nationals USAC midjet race.

Clauson was airlifted to a hospital in Lincoln, Neb., following the Saturday night crash. His family offered no details regarding his injuries in a statement provided by Bryan Clauson Racing.

Clauson is considered the nation's top short-track dirt-car driver.

THE ASSOCIATED PRESS



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RECIPE Orecchietti with Sundried Tomatoes and Peas



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada



- 1 clove garlic, grated
- 1/2 cup grated Asiago cheese
- squeeze of lemon juice

Directions

1. Bring a large pot of salted water to boil and cook pasta according to package directions. In the last minute of cooking time, add peas and sundried tomatoes; cook for 1 minute. Reserve 1/4 cup of the pasta water and drain.

2. Return pasta to pot over low heat. Stir in the reserved pasta water, oil and butter. Grate the garlic into the pasta and then mix. Add the cheese and a squeeze of lemon juice and serve with a salad and fresh bread.

FOR MORE MEAL IDEAS, VISIT
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The perfect cradle for rich flavours like butter and cheese, orecchietti is a nice alternative to penne and, in this dish, makes best friends with salty sundried tomatoes and sweet peas.

Ready in

Prep time: 15 minutes
Cook time: 10 minutes
Serves 4

Ingredients

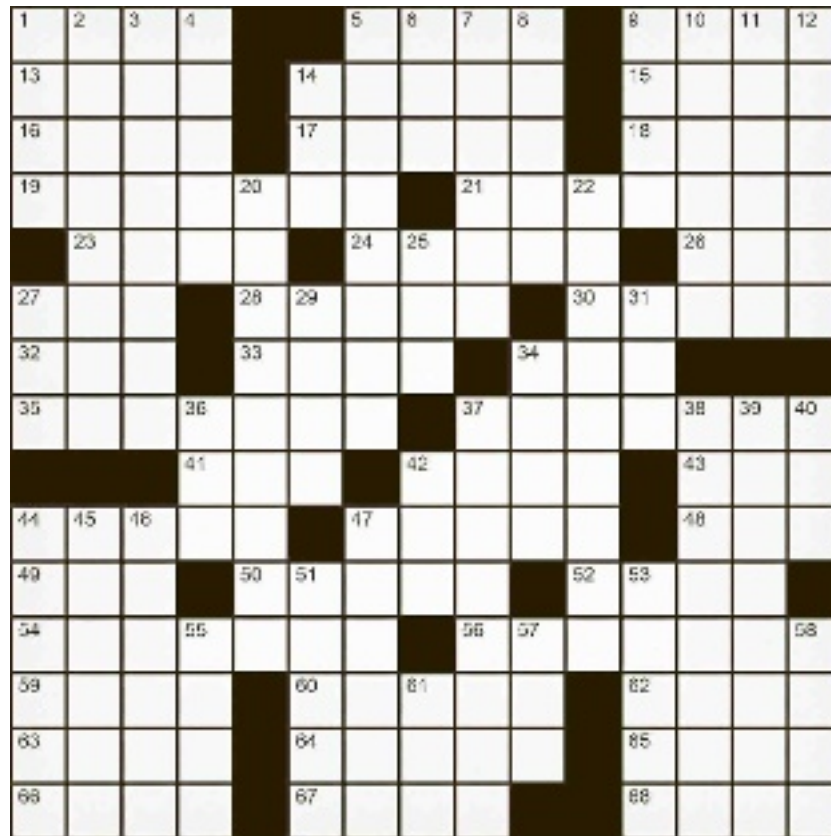
- 500 g orecchietti pasta
- 1 1/2 cups garden peas
- 1/4 cup dried sundried tomatoes, diced
- 1/4 cup olive oil
- 1 tsp butter

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. RIO 2016: Go! _ Canada! Go!
5. Watch pockets
9. Cartoonist Al
13. Memory unit
14. Petrol quantity
15. Botanical angle
16. Glassmaking oven
17. Mr. Shaw
18. _ butter
19. Music-listening purchases
21. RIO 2016: Olympic sport
23. Cameo stone
24. Trunk
26. 'Hect' ending
27. Agnus _ (Lamb of God)
28. Fashion brand, Perry
30. Hollywood's Winona
32. _ landslide
33. Authentic
34. Pre-A.D. time alternative
35. Camera part: 2 wds.
37. RIO 2016: Schedule
41. Trendy
42. 154 in ancient Rome
43. Green
44. Zeniths
47. RIO 2016: Country for which the IOC code is GHA
48. Belonging to Washington's li'l locale
49. Old French coin
50. Kwik- _ ("The Simpsons" store)
52. God, in Gaspe
54. RIO 2016: Trains, weightlifter-



style: 2 wds.

56. RIO 2016: Fragrants to medal winners
59. Napoleon's exile isle
60. "I also want that!": 2 wds.
62. "I _ my wit's end!"

63. Particular phone
64. New Zealand language
65. Exec's assistant
66. Overbrim
67. Apple part
68. Chemical group sort

DOWN

1. Suppertime surfaces, shortly
2. See _ (Concur)
3. RIO 2016: Spectator at the first modern Olympics in 1896
4. Happy
5. RIO 2016: Swim race's beginning

part: 2 wds.

6. Canadian cap.
7. Particular pipes
8. Soothsayers
9. Money
10. Logger's tool part, States-style: 2 wds.
11. RIO 2016: Father of the modern Olympics, Baron _ de Coubertin

- (b.1863 - d.1937)
12. RIO 2016: Soccer _
14. RIO 2016: Olympic country, _ People's Democratic Republic
20. RIO 2016: Keeps fit
22. RIO 2016: #38-Down sits atop what mountain's peak?
25. Pantry product
27. Twofold [abbr.]
29. RIO 2016: Gymnastics move
31. Edmonton Intl. Airport code
34. Sergey _ (Google co-founder)
36. Not he
37. RIO 2016: Diving event, Men's Synchronized 10m _
38. RIO 2016: Giant statue overlooking Rio, Christ the _
39. RIO 2016: Important element in the Olympic sport of Shooting
40. August, et al.
42. Cath. or Prot.
44. Element
45. Plum _ Manitoba
46. Mutter
47. Amazingly observe: 2 wds.
51. Some brand name champagnes
53. " _ Teenage Werewolf" (1957)
55. RIO 2016: Beach tree
57. Quebec 'law'
58. " _ D" (MTV show, once)
61. RIO 2016: Running shoe part

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to pay bills and take care of banking. It's also a good day to discuss budgets and material resources with co-workers, because people are co-operative today.

Taurus April 21 - May 21
Because today's Moon is opposite your sign, you have to go more than halfway when dealing with others. This won't be difficult, because people are in a good mood. It's a good day to socialize.

Gemini May 22 - June 21
It will please you to make an effort to get better organized today. You also will be pleased if you do something to promote your health. You want to turn over a new leaf.

Cancer June 22 - July 23
Tap into your creative vibes and enjoy artistic activities today. Movies, the arts, sports events, playful activities with children and socializing with others are top choices for you.

Leo July 24 - Aug. 23
Family discussions are warm and friendly today. This is a good day to explore real-estate opportunities. Enjoy cocooning at home.

Virgo Aug. 24 - Sept. 23
Your communication skills are excellent today. This is a blessing for those of you who sell, market, teach, write or act. Enjoy talking to siblings and relatives.

Libra Sept. 24 - Oct. 23
This is a good day for business and commerce. Trust your intuition. If shopping, you will like buying artistic objects, jewelry and clothes.

Scorpio Oct. 24 - Nov. 22
You might feel more emotional than usual today. This is why time spent with friends and members of groups is especially important. Younger, creative people are in your world today.

Sagittarius Nov. 23 - Dec. 21
You might work behind the scenes to promote something for others. In particular, you will make something more attractive or more appealing to the public.

Capricorn Dec. 22 - Jan. 20
Someone from a different background from yours, perhaps another culture or a different country, has something to offer you today. Perhaps this will lead to future travel plans.

Aquarius Jan. 21 - Feb. 19
People notice you today, and this is a good thing. Ask for help from someone, or ask to borrow something if you need it; you will likely get it.

Pisces Feb. 20 - March 20
Grab every opportunity to do something different today, because you want to expand your horizons and explore something new. Travel if you can.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



FRIDAY'S ANSWERS

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